

Women’s Retreat 2020

January 31-February 2

**Telling Our Stories:**

**The River of Life**

**Friday Night**

6:00 pm Dinner

7:00 to 9:00 pm Welcome, Introductions, and Holy Listening with Nancy Wade

**Saturday Morning**

7:30 am Yoga for all abilities with Diana Shellenberger (optional)

8:00 am Breakfast

9:00 am Session 1: Your Life as a River

10:00 am Small Group Sharing

11:00 am Break

11:15 am Session 2: River Guides

11:45 pm Small Group Sharing

12:15 pm Wisdom of the Whole

12:30 pm Lunch

**Saturday Afternoon**

1:30 pm Stretching with Diana

1:45 pm Break

3:45 pm Session 3: Soaked in the Spirit

4:30 pm Small Groups

5:45 pm Sparkling Cider and Wine

6:00 pm Dinner

7:15 pm Art with Susan Allman

**Sunday Morning**

7:30 am Yoga for all abilities with Diana

8:00 am Breakfast and Checkout of rooms

9:15 am Session 4: Wisdom and Calling from the River

9:45 am Small Groups

11:00 am Worship with Communion

Noon Depart for Home