

SONG Eat This Bread
Eat this bread, drink this cup. Come to me and never be hungry.
Eat this bread, drink this cup. Trust in me and you will not thirst.

PRAYER OF THANKSGIVING

BLESSING Hokusai Says Roger
Keys

Hokusai says look carefully.
(She) says pay attention, notice.
(She) says keep looking, stay curious.
(She) says there is no end to seeing.
(She) says look forward to getting old.
(She) says keep changing,
you just get more who you really are.
(She) says get stuck, accept it, repeat yourself as long as it is interesting.
(She) says keep doing what you love.
(She) says keep praying.
(She) says everyone of us is a child,
everyone of us is ancient,
everyone of us has a body.
(She) says everyone of us is frightened.
(She) says everyone of us has to find
a way to live with fear.
(She) says everything is alive—
shells, buildings, people, fish,
mountains, trees, wood is alive.
Water is alive.
Everything has its own life.
Everything lives inside us.
(She) says live with the world inside you.

(She) says it doesn't matter if you draw,
or write books. It doesn't matter
if you saw wood, or catch fish.

It doesn't matter if you sit at home
and stare at the ants on your veranda
or the shadows of the trees
and grasses in your garden.

It matters that you care.
It matters that you feel.
It matters that you notice.
It matters that life lives through you.
Contentment is life living through you.
Joy is life living through you.
Satisfaction and strength
is life living through you.
(She) says don't be afraid.
Don't be afraid.
Love, feel, let life take you by the hand.
Let life live through you.

SONG Dona Nobis Pacem

1 Canon

Do-na no-bis pa-cem, pa-cem. Do - na no - bis pa - cem.

2

Do - na no - bis pa-cem. Do-na no-bis pa - cem.

3

Do - na no - bis pa-cem. Do-na no-bis pa - cem.

PASSING THE PEACE

Women's Retreat
Sunday Morning
Worship



Great Wave by Katsushika Hokusai

February 2, 2020

Worship Service

CALL TO WORSHIP

Come, let us gather at the river,
To be splashed by mercy's silver spray,
To be named "children of delight."
God's pleasure in us is our glory.
God's deep well offers us refreshment.
God's blessing is our joy.
As we reach the shining river,
May our words express God's love.
May our prayers reflect Christ's light.
May our lives find their meaning in a Spirit led life.

HYMN Shall We Gather at the River



1 Shall we gath-er at the riv - er, where bright an-gel feet have trod,
2 On the mar-gin of the riv - er, wash - ing up its sil-ver spray,
3 As we reach the shin-ing riv - er, lay we ev-ery bur-den down;
4 Soon we'll reach the shin-ing riv - er, soon our pil-grim-age will cease;



with its crys-tal tide for-ev - er flow-ing by the throne of God?
we will walk and wor-ship ev - er, all the hap-py gold - en day.
grace our spir - its will de-liv - er, and pro-vide a robe and crown.
soon our hap-py hearts will quiv - er with the mel - o - dy of peace.

Refrain



Yes, we'll gath-er at the riv - er, the beau-ti-ful, the beau-ti-ful riv - er,



Gath-er with the saints at the riv - er that flows by the throne of God.

SONG As the Deer Pants for Water



As the deer pants for the wa-ter, so my soul longs af - ter



you. You a - lone are my heart's de - sire, and I



long to wor - ship you. You a - lone are my



strength, my shield; to you a - lone may my spir - it



yield. You a - lone are my heart's de -



sire, and I long to wor - ship you.

REFLECTION Waters of Life

SCRIPTURE Revelation 22:1-6, 17

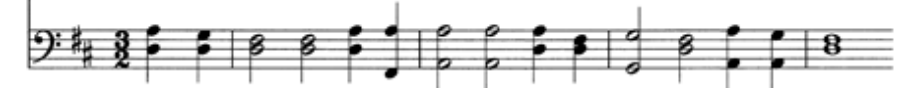
BY WATER BE BLESSED Jan Richardson

May you dwell with the spirits of many waters:
May you befriend Creativity of the birthing waters.
May Endurance accompany you in the raging rivers.
May Pleasure embrace you beside moon-drawn oceans.
May Sustenance lead you to her hidden springs.
May Compassion bathe you in her healing waters.
May you dance with Delight in the falling rain.
May the spirits of many waters dwell in you.

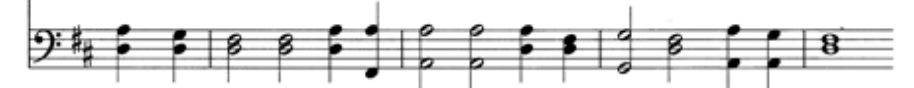
HYMN Come, O Fount of Every Blessing



1 Come, O Fount of ev-ery bless-ing, tune my heart to sing your grace;
2 Here I pause in my so - journ-ing, giv-ing thanks for hav-ing come,
3 O to grace how great a debt - or dai - ly I am drawn a - new!



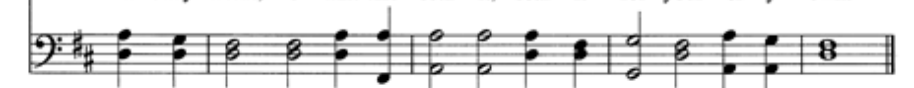
streams of mer - cy, nev-er ceas - ing, call for songs of end-less praise.
come to trust, at ev-ery turn - ing, God will guide me safe - ly home.
Let that grace now, like a fet - ter, bind my wan-dering heart to you.



Teach me some me - lo-dious son - net, sung by flam-ing tongues a - bove.
Je - sus sought me when a strang-er, wan-dering from the fold of God,
Prone to wan - der, I can feel it, wan-der from the love I've known:



Praise the mount; I'm fixed up - on it, mount of God's un - fail - ing love.
Came to res - cue me from dan - ger, bless - ed bod - y, pre - cious blood.
Here's my heart, O take and seal it, seal it for your ver - y own.



SACRAMENT OF HOLY COMMUNION

INVITATION

COMMUNION PRAYER

TELLING THE STORY

SHARING THE BREAD AND CUP

SCRIPTURE Psalm 46 Adapted by Norman Fisher